

RED HOSE RACE ENTRY FORM

**IF YOU RETIRE FROM THE RACE YOU MUST INFORM A MARSHAL
BEFORE YOU GO HOME.**

NAME:

ADDRESS:

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E-MAIL ADDRESS:

AGE:

MALE/FEMALE:

SCOTTISH ATHLETICS MEMBERSHIP NUMBER (if applicable):

**Those that are eligible for the Red Hose Race must be resident within
Carnwath or the parishes of:
Auchengray, Braehead, Carstairs, Covington, Dolphinton, Dunsyre,
Elsrickle, Forth, Libberton, Quothquan, Thankerton or Walston.**

ELIGIBLE: YES / NO

EMERGENCY CONTACT NUMBER:

**I accept that I am responsible for my own safety and that any injury that I
sustain is not the responsibility of the race organiser.**

SIGNED:

RACE NUMBER:

**** PLEASE RETURN COMPLETED ENTRY FORMS TO annedreid82@hotmail.co.uk
IF ANY PROBLEMS PLEASE CONTACT ANNE ON 07887 573437 ****