

# RED HOSE RACE ENTRY FORM



**IF YOU RETIRE FROM THE RACE YOU MUST INFORM A MARSHAL  
BEFORE YOU GO HOME.**

NAME: .....

ADDRESS: .....

.....

.....

E-MAIL ADDRESS: .....

AGE: .....

MALE/FEMALE: .....

SCOTTISH ATHLETICS MEMBERSHIP NUMBER (if applicable): .....

**Those that are eligible for the Red Hose Race must be resident within  
Carnwath or the parishes of:  
Auchengray, Braehead, Carstairs, Covington, Dolphinton, Dunsyre,  
Elsrickle, Forth, Libberton, Quothquan, Thankerton or Walston.**

ELIGIBLE:                      YES                                      NO

EMERGENCY CONTACT NUMBER: .....

**I accept that I am responsible for my own safety and that any injury that I  
sustain is not the responsibility of the race organiser.**

SIGNED: .....

RACE NUMBER: .....

**\*\* PLEASE RETURN COMPLETED ENTRY FORMS TO [annedreid82@hotmail.co.uk](mailto:annedreid82@hotmail.co.uk)  
IF ANY PROBLEMS PLEASE CONTACT ANNE ON 07887 573437 \*\***